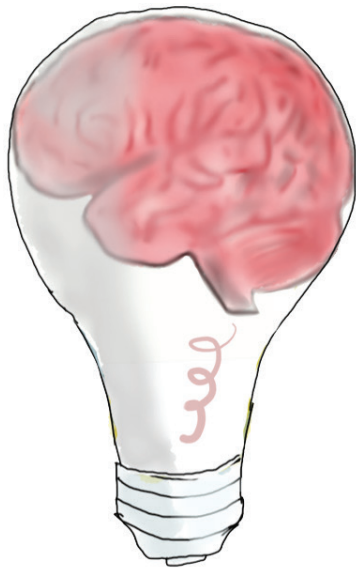




**Me**



**You**

## Could you please give time and room?

I have Parkinson's disease. I am missing over 70% of the brain cells that produce dopamine. This reduces my tempo of thinking and action.

If I am hurried, it unfortunately slows even more. That is because stress induces the production of adrenaline from the little dopamine I have available.

It may sound weird, but giving me time and room improves my speed.

*Running out of cards? Download them from [www.copiedstudie.nl/cards](http://www.copiedstudie.nl/cards) or reorder the printed cards from [detours-parkinsonian-brain.com](http://detours-parkinsonian-brain.com)*